

Summary

1.3 Emotion and Cognition

Subject	Year	Start date	Duration
Psychology	IB1	Week 3, November	2 weeks 8 hours

Course Part

Cognitive Approach: Emotion and Cognition

Description

Psychological and neuroscientific research has revealed that emotion and cognition are intertwined. Memories of emotional events sometimes have a persistence and vividness that other memories seem to lack, but there is evidence that even highly emotional memories may fade over time.

Examples related to studying emotion and memory processes could be but are not limited to:

- flashbulb memories
- theory of the emotional brain
- the amygdala's influence on memory encoding
- state-dependent memory.

Inquiry & Purpose

Inquiry / Higher Order Questions

Type	Inquiry Questions
Content-based	Are emotions universal?

Curriculum

Aims

Develop an awareness of how psychological research can be applied to address real-world problems and promote positive change

Objectives

Application and analysis

demonstrate application and analysis of the knowledge relevant to areas of applied psychology

Syllabus Content

Core

IB DP IB1 Psychology (Group 3) HL (IB1)

Cognitive approach to understanding behaviour

Emotion and cognition

The influence of emotion on cognitive processes: Psychological and neuroscientific research has revealed that emotion and cognition are intertwined. Emotions are believed to perform an adaptive function in that they shape the experience of events and guide the individual in how to react to events, objects and situations with reference to personal relevance and well-being. Memories of emotional events sometimes have a persistence and vividness that other memories seem to lack but there is evidence that even highly emotional memories may fade over time.

 **ATL Skills**

 **Approaches to Learning**


 **Communication**

- In this unit, we will
 - ask students to formulate arguments clearly and coherently
 - encourage all students to contribute to discussions

 **Developing IB Learners**

 **Learner Profile**

 Communicators

 Reflective