

Dear Parents,

As schools approach the commencement of the academic year 2020-2021, Abela & Co has formulated a plan that considers the necessary steps that are needed to ensure the safety and wellbeing of your child.

In line with the recommendations and protocols issued by the KHDA, following current health guidelines and in agreement with the school, Abela & Co teams have worked tirelessly over the summer to redesign menus, production and service models to serve a variety of nutritious food in accordance with Dubai Municipality's dietary requirements for students.

Moving forward, Abela & Co will take the below precautionary measures to keep cafeterias free from potential Covid-19 related risks.

- HACCP and ISO 22000:2018 certifications against all of Abela & Co's central production facilities.
- Personal Protective Equipment (PPE) for all its employees onsite.
- Pre-packed, wrapped and single use disposables for all types of F&B items.
- Social distancing measures at production facilities and service areas (in coordination with the school).
- Daily deep cleaning of all production areas.
- Daily screening and temperature checks for all its employees.
- Cashless card for secondary students / online payment systems (<https://www.abelaandco.com/pay-online>).

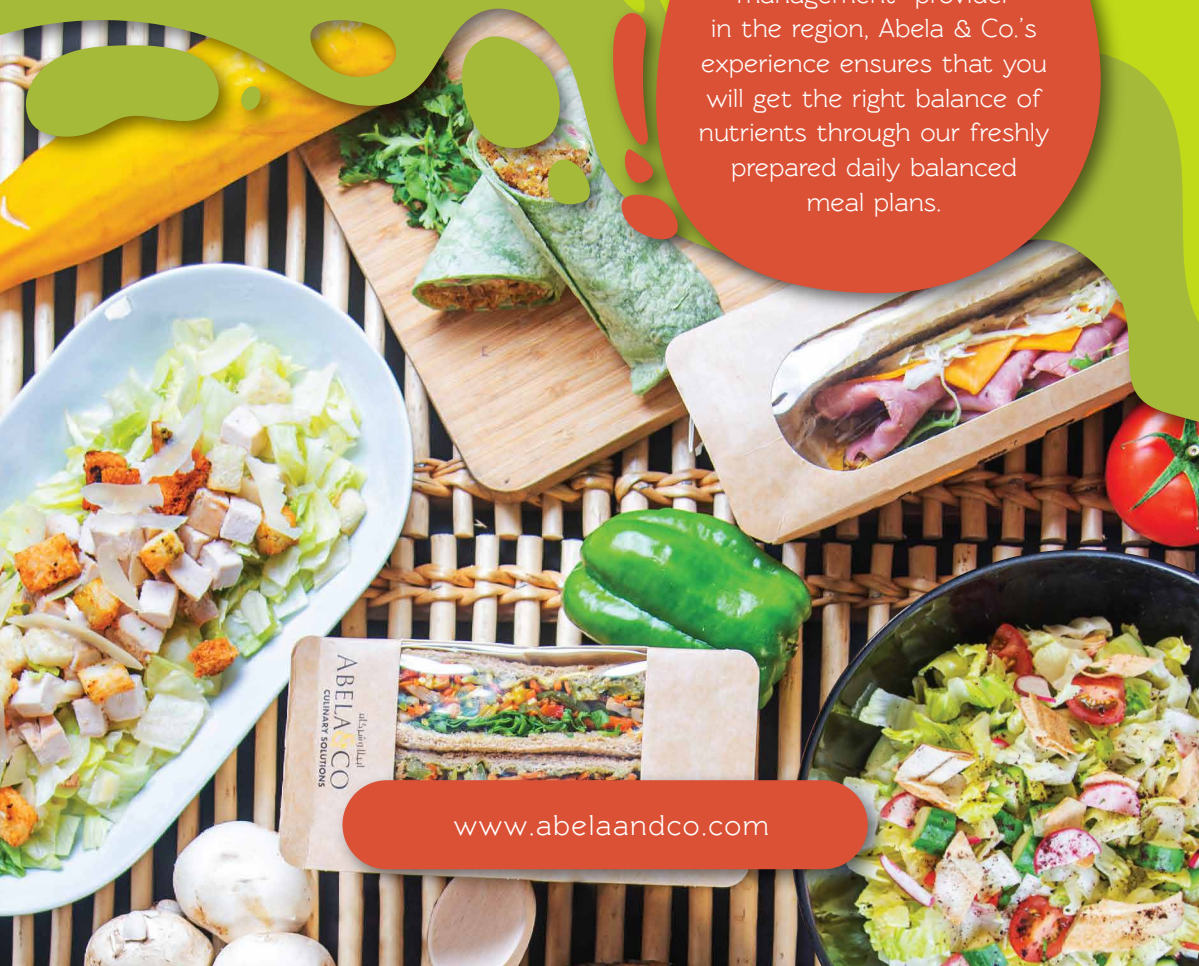
Abela & Co will continue to perform risk assessments and will make additions and improvements where necessary.

Meal BOX

Balanced and Nutritious

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ABELA & CO

As a leading food service management provider in the region, Abela & Co.'s experience ensures that you will get the right balance of nutrients through our freshly prepared daily balanced meal plans.



www.abelaandco.com

All About Our Wonderful Packed Meals

ISO 22000 and HACCP certified

Safe to eat:

- Clean work environment and safe food handling practices are controlled by our Food Safety Specialists following the highest standards and guidelines of food safety and hygiene.
- Delivered at the right temperature for hot and cold meals.



CLEAN



SEPARATE



COOK



CHILL

Served delicious and healthy:

- Appetizing, balanced and nutritious meals, supervised by a team of licensed dietitians and nutritionists compliant with the Local and International food standards and guidelines.
- Prepared by a team of qualified Chefs, mastering diversified cuisines.

Sample Menu

Breakfast

(Choose Hot Snacks or Sandwich + Dessert)

	HOT SNACKS		SANDWICHES	DESSERT
Day 1	Vegetable Omelette	Mini Plain Croissant (1pc.)	Brown/White Sliced Sandwich - Chicken	Fruit Salad
Day 2	Cheese Waffle (1pc.)	Grilled Mushroom	Stuffed Plain Croissant - Cheese	Fruit Yoghurt

Lunch

(Choose any 1 Meal Option + Dessert)

	HOT MEAL (NON - VEGETARIAN)	HOT MEAL (VEGETARIAN)	COLD MEAL (NON - VEGETARIAN)	COLD MEAL (VEGETARIAN)
Day 1	Beef Lasagna Roasted Winter Vegetables	Vegetables Lasagna Roasted Winter Vegetables	Egg & Cheese Sandwich in Brown Baguette	Duo Cheese in Brown Baguette
Day 2	Roasted Chicken with Light Stuffing and Gravy Crispy Roasted Potato Steamed Green Beans	Dhal with Spinach Brown Rice Steamed Green Beans	B.B.Q Pulled Beef in Plain Ciabatta Bread	Roasted Eggplant Sandwich in Olives Ciabatta Bread



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Healthy Meal Boxes

Our Meal boxes offer different food varieties respecting different cultural eating patterns and nutritional needs for the different age groups.

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Sign up now
to our meal box service

Payment scheme

Meal service fee can be availed per semester.
Payments can be done through

 ONLINE PAYMENT
www.abelaandco.com

 BANK CHECK CHEQUE

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